



Preventive Case Planning Services



We recognize that family needs are often multidimensional and overlapping and require holistic, collaborative interventions. Our Preventive Case Planning Services program takes a wraparound, multi-systemic approach to service integration and delivery. The program facilitates the provision and management of supportive and rehabilitative services for families. As a privatized service formerly done by County Case Workers, Cayuga Centers staff members provide support and services outlined in preventive regulations.

Program Components

Our Preventive Case Planning Services are designed for families with children and youth ages 0-18. The program services incorporate the Solution-Based Casework (SBC) model as well as Motivational Interviewing (MI). SBC is an evidence-based and solution-focused intensive family preservation framework that is complemented by the MI tool for counseling individuals and families in identifying motivations that can lead to impactful behavior change.

Goals

The primary goal of this program is to maintain at-risk children's safety in their homes and communities by engaging families in community-based interventions in the least-restrictive setting.

- Reduce the number of youth placed outside of the home by stabilizing youth and families in their own homes.
- For families with children placed out of the home, decrease the length of stay in foster care placements and support the reunification process.
- Decrease the number of youth that re-enter the foster care system.
- Increase caregiver/family functioning by strengthening problem-solving, coping and communication skills.
- Increase the support networks for youth and families in their community.

About our Preventive Case Planners

By surrounding youth and families with individualized structure, support, and knowledge, our Case Planners lay the groundwork to assist families in building skills, attaining goals, and achieving timely and lasting permanency. Our Preventive Case Planners work to:

- Craft a service plan in collaboration with the County Case Manager and the families themselves that will act as a guide to connect families to all relevant, community-based services.
- Minimize barriers to services, and ensure that all of a family's basic needs are met at all times. This includes shelter, food, transportation, and clothing.
- Utilize relentless family engagement, a "whatever it takes" program culture, and stand by families as they navigate any number of challenges.
- Facilitate effective family-provider partnerships.
- Find the community-based services that have the highest likelihood of assisting families in achieving their permanency goals.
- Meet with families in their homes twice a month.
- Provide 24/7 support.

Learn More or Refer a Family:

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