## **Restorative Case Management**



#### **Program Characteristics**

- Prevent further penetration into the juvenile justice system
- Decrease detention and out-of-home placements
- Put youth and family choices first
- Establish a comprehensive plan in collaboration with the youth, family, and case managers
- Create a safe, comfortable and neutral environment for restorative circles and meetings
- Amplification of understanding of the problem along with new possibilities for solutions
- Improve communication, conflict resolution, emotional management, household management, job seeking skills, problem solving and healthy relationship building skills
- Improve school attendance and behavior
- · Reduce acts of running away and physical aggression
- Increase ability to self-advocate and development of age-appropriate independence

#### A restorative justice approach

The Restorative Case Management (RCM) program is designed to support youth and families in the juvenile justice system, and offer them an alternative solution to detention and out of home placement. Youth ages seven to eighteen will participate in evidence-based practices such as intensive case management and motivational interviewing (MI) in order to implement long-term behavioral change. Working in conjunction with RCM case managers, the program works to address the specific needs of youth and their families through an integrated and coordinated system of care approach.

#### **Program Services**

- Weekly meetings between case managers, youth, and families
- Motivational Interviewing as an evidencebased tool
- 24/7 on-call crisis response and intervention
- Referral made to other programs as needed
- Maintain and build upon family and community connections, including the entire system of care

### How Can Someone Receive RCM?

For the youth to receive services offered by RCM, they will need to be referred through a family court or the Family Access to Services Team (FAST).

# For more information, please visit: cayugacenters.org/rcm

For referrals: CayugaCoFAST.com

