

cayugacenters 
SafeCare[®]

A FREE parenting program
customized just for you.



Whether you are in need of guidance in parent-infant interactions or need to learn how to keep your child healthy and safe at home, SafeCare is the kind of support that can be customized to your specific family needs, so you get to pick and choose what works best for you and your child.

“My baby cries all the time.
Is this normal?”

“My three year old throws things
whenever he doesn't get his way.”

“My toddler has a rash.
Should I take her to the doctor?”

“Sometimes I don't know
what I am doing...”

Families want to take care of their children
but may need to learn practical skills.
That's why Cayuga Centers offers SafeCare.

Customize your program!

SafeCare is an in-home program for
parents of children ages 0-8 where
providers come to your home for weekly
sessions including the following topics:



Parent-Infant/Child
Interactions



Home Safety



Child Health



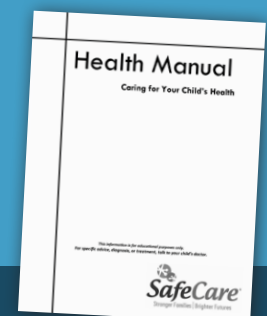
Whether you choose to complete
one or all modules, SafeCare is
available at **no cost** to families.

What do you learn from SafeCare?

- ✓ How to manage your child's
difficult behaviors
- ✓ Ways to increase positive time
with your child
- ✓ How to make your home safer
- ✓ How to keep your child healthy and
reduce risk for illness and injury

Resources

Families receive the SafeCare
Health Manual, an easy-to-use
resource book
that answers
health and
safety questions
including
questions
to ask the
doctor.



cayugacenters.org/safecare