# cayuga centers

How do children, youth, and families partner with us in our CHILDREN AND FAMILY TREATMENT SUPPORT SERVICES?

## OLP Other Licensed Professionals

For child/youth needing therapy and mental health services

- Mental Health evaluations
- Treatment planning
- Trauma-informed individual and family therapy
- All provided by a licensed clinician

CPST

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Community Psychiatric Support & Treatment

#### For child/youth struggling with daily functions and expectations

- Counseling supports
- Development of plans to avoid future crises
- Education for child/youth and family
- Routine planning and developing supports for caregivers

# **PSR** Psychosocial Rehabilitation

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### For child/youth needing to develop better social skills

- Child/youth skill building
- Social and interpersonal skills
- Building positive family relationships
- Establishing support networks

### These services are often combined based on the needs of the child/youth.

If you're unsure which services a child/youth may need, contact us and we will work with the family to see which services best fits their needs.

### FOR A REFERRAL: CFTSS.INTAKE@CAYUGACENTERS.ORG