Cayuga Centers is a nationally accredited and awarded 501(c)(3) non-profit, human services agency headquartered in Auburn, NY. Founded in 1852, the agency has delivered quality services by following the agency’s mission of helping individuals and families grow as independent, healthy and productive citizens through quality counseling, out-of-home care and support services. Cayuga Centers provides a continuum of support services in Delaware, Florida, Pennsylvania and more than 30 counties throughout the State of New York. The agency specializes in providing individualized, culturally appropriate and trauma-informed support to diverse populations. Cayuga Centers currently serves more than 10,000 individuals and families annually, in partnership with those it serves, government agencies and other service providers.
We are incredibly fortunate that our agency has been around since 1852, continuously paving new ways in serving children and families. We hope to continue for another hundred and seventy more and beyond.

**Our History**

Paving Our Way Through History

1852
Cayuga Asylum for Destitute Children was founded for orphans and children whose families were unable to care for them.

1913
The name was changed to Cayuga Home for Children, and the orphanage began to also admit children receiving child welfare services.

1955
The orphanage structure needed replacement, resulting in the move to 101 Hamilton Avenue in Auburn, NY. The Residential Treatment Center began.

1991
Cayuga Centers became an original HOMEBUILDERS agency in New York State.

1994
Services for People with Intellectual and Developmental Disabilities implemented and Weekend Respite and Day Habilitation programs started.

1995
The agency grew and moved to Owasco street in Auburn, NY.

1991
Cayuga Centers became an original HOMEBUILDERS agency in New York State.

2002
Treatment Family Foster Care (TFFC) program in Central New York launched using Multi-Dimensional Treatment Foster Care (MTFC) model. This was the first and only evidence-based Treatment Foster Care in NYS.

2008
Residential Treatment Center closed as congregate care was deemed a less effective way to support children and families than treatment foster care and from home and community-based treatment services.

2011

2014
Cayuga Centers began working with The Office of Refugee Resettlement (ORR), a program within the United States Department of Health and Human Services, to provide services for Unaccompanied Children (UC). Differing from other providers who offered congregate care, Cayuga Centers places UC in nurturing foster homes that allow siblings to stay together.

2015
Expanded TFFC program to Delaware.

2016
Expanded the TFFC program to Florida.

2017
Expanded the TFFC program to Pennsylvania.

2020
When COVID-19 struck, Cayuga Centers kept staff employed, avoided layoffs and kept safely serving people in their homes.

2022
Cayuga Centers reached 100% vaccinated staff. Expanded the TFFC program to Pennsylvania.

2022
Merged with Institute for Child and Family Services (ICFH).

Cayuga Centers celebrates 170 years by seeking to serve new areas and underserved populations.

**OUR HISTORY**

Click for an in-depth look at our history
Our Services

These programs use evidence-based data and meet children, youth and families where they are in their homes and communities. We partner with families to build on their strengths to keep families together. We offer a variety of behavioral, educational and therapeutic programs.

In the 2021-2022 fiscal year, 2,374 families received support from Cayuga Centers’ community-based interventions programs.

Home & Community-Based Treatment and Supports

We offer support programs for residents of all ages residing in Cayuga County and the surrounding areas. The aim is to meet individuals’ goals in a safe and interactive environment, and give families and caregivers a much-needed break. We offer after school, evening and weekend respite services, day and community habilitation services programs, and supportive housing through our Spring Village Apartments.

Intellectual and/or Developmental Disability Support

These programs are a research-informed, multi-tiered team approach to rebuilding family relationships. They support the diverse needs of the youth and families Cayuga Centers serves in each location.

Each youth is carefully matched to foster parents, and the treatment team develops a treatment plan specific to their individual needs.

Treatment Family Foster Care

Thousands of displaced children enter the United States each year, traveling thousands of miles without a parent or guardian. They are fleeing extreme poverty, violence, drug-related gang activity, sexual exploitation, and trafficking. Upon arrival, they are detained and, according to immigration law, must be placed with a federally funded agency that will provide short-term care while they transition to placement with family or other sponsors. Cayuga Centers offers transitional and long-term foster care, home study, and post-release services to this population.

Unaccompanied Migrant Children

FULL CONTINUUM OF SERVICES
Click for an in-depth look at our full scope of services
Our Leadership

Edward Myers Hayes
he/him/his
President and
Chief Executive Officer

Since his start in 1995, Hayes has grown Cayuga Centers from a limited program agency serving only Cayuga County to a multi-service provider operating throughout New York state, moving into Florida, Pennsylvania and Delaware. He is a prime mover in the growth of evidence-based practice. A frequent conference speaker and organizer for the initial Global Implementation Conference, he was a co-founder and the first President of Advancing Evidence-Based Practice. Hayes is a past member of New York State’s Family and Children’s Services Board and has a Master’s in Public Administration from Russell Sage.

Expert on:
- Leadership & Staff Development
- Child Welfare/Behavioral Health
- Organizational Design & Development
- Evidence-Based Practice

Dr. Ann Sheedy
she/her/hers
Chief Operating Officer,
Upstate New York

Ann oversees the Out-of-Home Care, Community-Based Interventions, and Services for People with Developmental Disabilities departments, as well as facilities operations. She began at the agency in 1991 when it was known as Cayuga Home for Children. With a Master’s Degree in social work and a Ph.D. in Child and Family Studies from Syracuse University, Ann has held a faculty position in human services at Cazenovia College.

Expert on:
- Treatment Family Foster Care Programs
- Evidence-based Programs
- Home & Community-Based Interventions

Troy Brathwaite
he/him/his
Chief Operating Officer
of Federal Programs

Troy oversees federal contracts for Transitional Foster Care, Home Study, and Post Release Services for Unaccompanied Children. A social work professional for over 20 years, Troy’s experience includes Stony Brook University Hospital and the City of New York. Troy grew up in Brooklyn and is a proud product of the City of New York public school system. He graduated from Stony Brook University with a Master’s in Social Work.

Expert on:
- Unaccompanied Children Programs
- Operational Strategy
- Child Welfare Programs
Elizabeth Palin  
she/her/hers  
Chief Financial Officer

Beth oversees the administrative functions at Cayuga Centers. This includes HR, Finance, Payroll, IT, CNY Maintenance, Managed Care, and the Safety-Risk Management Department. She joined Cayuga Centers as Chief Financial Officer in 2012. Beth received her Bachelor’s Degree from SUNY Institute of Technology in Accounting and worked post-college in public accounting, obtaining her New York State Certified Public Accountancy license. She has a Master’s degree in Business Administration from Hofstra University and is a member of The New York State Society of CPAs.

Expert on:
- Financial Services
- Support Department Management
- Staff Development

Shannon Green  
she/her/hers  
Chief Quality Officer

Shannon is a Licensed Mental Health Counselor with more than 20 years of experience working on behalf of children, families and individuals with disabilities. She has spent her career supporting Specialized Therapeutic/Treatment Foster Care programs. Before Cayuga Centers she served as Vice President at the Council on Accreditation (COA) where she was responsible for navigating organizations through the accreditation process through valuable insight, standards interpretations, and technical assistance.

Expert on:
- Accreditation Process & Agency Best Practice
- Child Welfare
- Data Collection & Analysis
- Operational Strategy

Lorraine Sánchez  
She/her/hers  
Chief Operating Officer of Child Welfare and Juvenile Justice Services Programs

Lorraine currently oversees the agency expansion of foster care and child welfare services in NYC and Delaware. She has held several positions contributing to the agency’s continued growth. A South Bronx native, Lorraine grew up in the same neighborhood the organization established its New York City roots in 2011. A proud first-generation student, Lorraine has a Bachelor’s degree in English & Textual Studies and Women’s & Gender Studies from Syracuse University and a Master’s degree in Business Administration with a major in Executive Business Administration from Hofstra University.

Expert on:
- NYC Child Welfare Programs
- Delaware Child Welfare Programs
- Operational Strategy & Management
- Unaccompanied Children Programs
### National Overview

<table>
<thead>
<tr>
<th>Location</th>
<th>Programs</th>
<th>Youth and Families Served (Per Program)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nationally</td>
<td>295 UC Home Study</td>
<td>3,313 UC Post Release Services</td>
</tr>
<tr>
<td>Florida</td>
<td>60 Palm Beach Treatment Family Foster Care</td>
<td>28 Broward Treatment Family Foster Care</td>
</tr>
<tr>
<td>Delaware</td>
<td>22 Delaware Treatment Family Foster Care</td>
<td>28 Functional Family Therapy</td>
</tr>
<tr>
<td>Upstate New York</td>
<td>530 Preventive Case Planning</td>
<td>338 On-Site Programs</td>
</tr>
<tr>
<td>New York City</td>
<td>131 Treatment Family Foster Care</td>
<td>2,986 UC Transitional Foster Care</td>
</tr>
<tr>
<td>Upstate New York</td>
<td>2,374 Home/Community Based Treatment and Supports</td>
<td></td>
</tr>
<tr>
<td>New York City</td>
<td>70 UC Long Term Foster Care</td>
<td></td>
</tr>
</tbody>
</table>

### Location Specifics

- **Florida**
  - Palm Beach: Treatment Family Foster Care (60)
  - Broward: Treatment Family Foster Care (28)

- **Delaware**
  - Treatment Family Foster Care (22)
  - Functional Family Therapy (28)

- **Upstate New York**
  - Preventive Case Planning (530)

- **New York City**
  - Treatment Family Foster Care (131)
  - Family Foster Care (53)

### Map Information

- **HS/PRS Hubs**
  - Los Angeles, CA
  - Baltimore, MD
  - Dallas/ Ft. Worth, TX
  - New York, NY
  - Ft. Lauderdale, FL

- **States with Persons Served**

- **Our Home Study and Post Release service hubs are stationed around the United States, but serve families throughout the country.**
Jen & Jay
Cayuga Centers
Foster Parents

“We haven’t gone at this alone. There have been resources. Cayuga Centers has built a tremendous bridge around us for anything we need. At the end of the day we’ve had our kids for a year and we wouldn’t change a thing.”

Kwame Miller
Single Foster Parent Dad

“The Cayuga Centers team has been great! They are concerned about all of our needs. I get calls twice a day from them making sure that we are okay. Whatever we need, they’re there. Fortunately, we do not need anything right now.”

Dr. Ann Sheedy
Chief Operating Officer
Upstate New York

“All the team members surrounding a child employ a relentless search for strengths as a treatment strategy. This foundational approach is the cornerstone of not just Cayuga Centers, but of child services...Our TFFC staff supports every child, every parent, and every foster parent to succeed and thrive.”

Media Assets

Logos  Videos  Images  Annual Report

Cayuga Centers is nationally accredited by the Council on Accreditation (COA) and has been accredited since 1998. Organizations pursue accreditation to demonstrate the implementation of best practice standards in the field of human services. COA evaluated all aspects of Cayuga Centers’ programs, services, management, and administration and affirmed that we have implemented best practices throughout our organization.