

Weekday Respite

HOURS OF OPERATION:
Monday - Friday, 2pm - 9pm

ELIGIBILITY:
Individuals living at home

- Individualized skill development
- Tracked activities
- Peer interaction and socialization
- Safe, engaged group settings
- Scheduled community outings

Weekend Respite

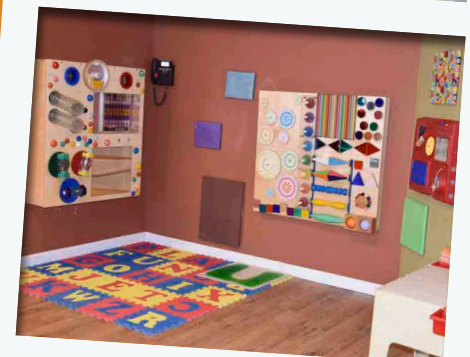
HOURS OF OPERATION:
Overnight Stay
Friday, 6pm drop-off
Sunday, 2pm pick-up

ELIGIBILITY:
Individuals living at home

- Newly renovated home nestled in a residential setting
- Health and Wellness staff on call 24/7
- Planned recreation activities within the community
- Peer interaction and socialization

"She is curious about everything, and loves to experience new things with people who have become her friends. She is building another life outside her home, and she is thriving."

- A Day Hab Parent



Learn more about our programs:

Habilitation Programs
habilitation@cayugacenters.org

Respite Programs
respite@cayugacenters.org

Person Centered Supports

For Individuals with Intellectual and Developmental Disabilities

cayugacenters 



About Our Programs

Cayuga Centers' Services for People with Intellectual and Developmental Disabilities offers support programs for residents of all ages residing in Cayuga County and surrounding areas. Our dedicated staff of Direct Support Professionals are extensively trained to make valued outcomes real, meet individuals' goals in a safe and interactive environment, and give families and caregivers a much needed break. All participants must be eligible to receive services through the HCBS Medicaid Waiver.

Things to Know

- No cost to individuals or families
- Transportation provided or arranged
- Individualized planning to address sensory and stimuli needs
- Ability to participate in multiple programs
- Structured multi-day program schedules
- Adaptive indoor and outdoor equipment
- Accessible program locations
- Newly redesigned space



Day Habilitation

HOURS OF OPERATION:

Monday - Friday, 8am - 6pm

ELIGIBILITY:

Individuals living at home and in the community

- Work toward goals to become as independent as possible
- Develop community relationships
- Increase, develop, and master skills
- Choose from a menu of daily activities
- Set and pursue personal goals



Community Habilitation

HOURS OF OPERATION:

Monday - Friday, 8am - 9pm

ELIGIBILITY:

Individuals in supportive living environments and living at home

- Continue to work toward and maintain independent living skills
- Small group settings
- Individualized schedules and supports
- Personal, social and daily living supports