

Caring for Children and Families

cayugacenters 



2018 - 2019 Annual Report

OUR MISSION

To help children, families and individuals to grow as independent, healthy and productive citizens through quality counseling, out-of-home care and support services. We do this in partnership with those we serve as well as government agencies and other service providers.

Principal Offices

**Cayuga Centers
Corporate Headquarters**

101 Hamilton Ave.
Auburn, NY 13021
(315) 253-5383

**Cayuga Centers
NYC Headquarters**

1916 Park Ave., Suite 407
New York, NY 10037
(646) 790-9100

Regional Offices

**Cayuga Centers
South Florida**

3155 Lake Worth Rd., Suite 1
Palm Springs, FL 33461
(800) 421-2031

**Cayuga Centers
Delaware**

292 Carter Drive, Suite A
Middletown, DE 19709
(302) 257-5848

Area Offices

Albany
Ontario
Oneida
Oswego

Program Offices

Auburn
Monroe
Bronx
Syracuse



Letter from the President and CEO

Edward Myers Hayes

Cayuga Centers is arguably in one of the strongest phases in its long history. After rapid growth in recent years, especially in our program for unaccompanied migrant children, the past twelve months have been a time of consolidation. We have been developing and refining our procedures to be more effective, efficient and responsive.

The talent, dedication and compassion of our staff are astounding. I often wonder what our organization would look like if, instead of human services, our energies were deployed in some other field: technology, for example. We'd be walking on Mars by now. Ours is a different kind of mission, but no less ambitious. Every day, our staff help transform lives of some of the most vulnerable young people in our society.

It is unglamorous work. Hard work. When it makes the headlines, it's usually for the wrong reasons. They don't give out medals or hold glitzy award ceremonies for social workers. But in our own quiet way, Cayuga Centers is becoming a leader in best practice.

Take, for example, our trauma-informed approach to foster care. This was developed and pioneered by us in our home region of Central New York State, from the mid-90s onward. The evidence showed that giving traumatized children a place in a loving foster home, with specially-trained foster parents and extensive clinical support, was far more successful than the group home approach. Accordingly, we made the tough decision to move away from our 19th-century origins as the Cayuga Home for Children, and focus upon the achievements which could be made by keeping children in the community with their families.

We did not realize that this work would take on a whole new meaning a few years later. In 2013, when large numbers of unaccompanied children started arriving at the Southern border, we responded to the needs of those children. There was little indication that this would

be a long-term program; there was even less indication that under the next US administration, this work would become the focus of such intense public attention.

We weathered the media storm of 2018 and in the following twelve months, have taken the opportunity to explain ourselves and our services better. No other agency uses foster care for migrant children on the scale we do, and recognition is growing that this is in most cases the best form of care for the child. We are increasingly regarded as a role model.

Internally, we have used the reprieve from the spotlight to re-examine our practices and improve. We have overhauled the way we gather and use data, to spot trends, identify problems, and seek solutions. We have brought in new policies to handle complaints and concerns about safety. And we continue to improve the quality of the education, leisure and therapy we provide.

We have redesigned many of our programs to respond to the reforms which New York State is making to Medicaid. As families and individuals take more control over their care, we are ready to help them through the process and ensure that they can access the best quality services.

I am delighted that our foster care programs in Delaware and South Florida continue to strengthen and grow, bringing the Cayuga approach to more communities in the USA. I am proud of the innovations we are making in care for individuals with intellectual and developmental disabilities in Central New York; innovations we could look to replicate elsewhere. And I am confident that we are fulfilling our mission, to support vulnerable children and families. The circumstances may change, and so may the solutions. But the principles remain the same: listening, understanding, support, and love.

This is what we do.





Foster youth participate in a soccer lesson.

Migrant Foster Care

Thousands of displaced children enter the United States each year from Latin American countries, traveling thousands of miles without a parent or guardian. They are fleeing from areas of extreme poverty, violence, drug-related gang activity, sexual exploitation and trafficking. Upon arrival, they are detained, and according to immigration law, must be placed with a federally funded agency that will provide short-term care while they transition to placement with family or other sponsors.

Transitional Foster Care

The foster placement is just the beginning of their transition. Cayuga Centers uses a multi-tiered team approach to address the needs of these children during their short stay in transitional foster care. The bilingual team oversees all aspects of the youth's treatment and reunification plans. They include Case Managers, Clinicians, Medical Staff, Education Staff, Skills Trainers and Aides.

Foster Parents and a place to call home

Cayuga Centers offers the least restrictive form of placement to this special population. Our youth are matched to bilingual foster parents who are familiar with the language and culture of their foster children. These youth are placed in homes rather than a congregate facility, and children from the same family can stay together in a supportive and safe home. Foster parents are trained to work with these specific youth and to support the treatment team in meeting the youth's needs. What they offer immediately is a safe haven after a very long journey.

Program specifications:

- » We specialize in tender ages (children under 5) and care for under-18 moms and their babies.
- » Within the first 24 hours, all children receive a medical screening. If needed, a plan is developed to address health issues, including visits to specialists or other medical courses of action.
- » All youth receive a mental health assessment. This is a unique population that has been exposed to trauma such as poverty, sexual abuse, human trafficking, gang violence and domestic violence.
- » Using trauma based therapy from the TST model, youth attend weekly individual and group therapy sessions, and group community meetings that encourage discussion.
- » All youth receive an educational assessment to best match the level of education to the youth's age, and education plans are developed. The plans include traditional subject study, and educational and recreational field trips.
- » Youth attend the agency-operated Learning Centers and receive 6 hours of instruction every weekday.
- » Youth meet with a skills trainer to become acclimated to American culture and learn basic life skills.
- » Youth are released to sponsors (parent, family, friend or guardian) as soon as all sponsor qualifications are met.

Who are the unaccompanied children?

Unaccompanied children are defined under federal law as youth under the age of 18 who do not yet have lawful immigration status, and do not have an immediately-identified legal guardian available in the United States to provide care and physical custody.

The reasons differ, but the vast majority of the children we care for arrived at the border without a parent. It could be that they were with an older sibling or relative, or an adult whose identity and relationship to the child could not be immediately verified. Human trafficking is a constant reality.

With a few rare exceptions, most of the children come from Honduras, El Salvador and Guatemala, an area known as the "Northern Triangle". It is one of the poorest regions in the Western hemisphere and plagued by gang-related violence. Around 265,000 people fled the region in recent years, and the 2019 figure is projected to be even higher.

Unlike past waves of migrants, in which most attempted to cross illegally without detection, migrants from the Northern Triangle often surrender to U.S. border patrol agents to claim asylum. In 2018 the so-called "zero tolerance" policy of separating migrant children from their parents was ended. Children who arrive without their parents are cared for by numerous agencies, including Cayuga Centers, while their sponsors (usually a parent or relative in the United States) are identified and the home is checked for safety and child welfare issues.



Interview:
Daniel Zeilicovich, LMSW
UC Clinical Specialist

Cayuga’s dedicated clinical staff look after the childrens’ psychological needs. Daniel Zeilicovich is one of them. He says that unaccompanied children need a very high level of support.

“They are children who have been through a long journey and have not been able to reach their destination,” says Daniel. “They have not been allowed to be a child for a long time.”

Because their brains are still forming, children who experience this type of trauma are far more likely than adults to develop post-traumatic stress, depression, and anxiety. For this reason, foster parents of unaccompanied children play a very special role.

“Sometimes the first real bed, shower or meal a child will have in months is the one provided at their foster home. Children already have enough internal emotional struggle to deal with, they shouldn’t have to worry about their safety or whether they are going to be looked after,” Daniel says.

Those basic needs are the first step. Clean underwear, clean clothes, a fresh bed, toys and books. The foster home must be a sanctuary.

Once the basics have been covered, Daniel advises foster parents to try and get to know the child and bring the focus back to how best to interact with them. Being able



Foster youth enjoy a music class.

to identify triggers of trauma is an important skill all foster parents are taught.

Sometimes children express obvious signs of distress, such as sadness or anger. Sometimes they do not express any signs at all. What matters at these moments is for foster parents to understand that children might not possess the language to express how they feel, and might not even know what their triggers are.

The foster parents are not therapists – Cayuga Centers has a team of clinicians to provide professional support – but they can help stabilize and nurture a child while they await reunification. Patience is key.

“It is not the job of the foster parent to cure pre-existing traumas,” says Daniel, “but instead to become the safe haven a child needs.”

ACS Foster Care

We support New York City's youth and their families through a foster care program that has served over 138 individuals in the past year. Under two contracts with ACS, Cayuga Centers provides both a Treatment and a Family Foster Care program. The youth in these program receive a safe home, medical care, counseling, case

management and educational services. Through highly trained foster parents, community-based relations and emotional support, we are able to ensure every child that comes to us gets the help that she/he needs to become a healthy adult and achieve her/his full educational and developmental potential



Graduating foster kids receive awards during a special ceremony by Cayuga Centers.

HIGHLIGHT NYC foster kids celebrate graduation success

Did you know that nationally, only 50% of youth in foster care end up finishing high school, and less than 3% graduate from a 4-year college? At Cayuga Centers, youth are bucking that trend.

This graduation season, nine (of 14) long term foster care youths graduated from High School, and five of them are on their way to college. 17-year-old Tianna Golding is one of them and though her path 'hasn't always been easy', she became valedictorian at her High School graduation and is now preparing to attend SUNY Binghamton in the fall.

"When you're in foster care it is easy to lose focus on the future," says Tianna. "Yesterday I graduated from High School and now I'm going to college. Thanks to all the people who have helped me, I've been able to grow as a person and achieve things that I thought impossible."

The extensive support network at Cayuga Centers backs up all the hard work the recent graduates put in. A dedicated education specialist, alongside case workers and therapists, was on hand throughout the students' school career, and will continue to give them advice and advocacy through college.

Elizabeth Matthews is head of the Cayuga Centers ACS program, and has supported many of the graduates since the very beginning of their foster care journey. Her message to any young person is clear.

"Your past doesn't define you. What got you to this point doesn't define you. The choices that you've made and the decision to move beyond your circumstances: that's what defines you."



CNY foster kids and parents enjoy Foster Parent Appreciation event activities at Emerson Park, Auburn.

Central New York is our home. We have been here since 1856, and our founding as the Cayuga Home for Destitute Children. We count Harriet Tubman among the Cayuga family: she adopted two children from us in 1891.

But times change, and so do the needs of families, and how we help them. We are proud to run some of the most innovative and child-focused programs in the state. With New York State's recent redesign of Children's Medicaid, we are able to offer our services direct to clients for the first time. We are pioneering services for those who want more control of their treatment.

Snapshot: CNY Programs

| | | | | |
|--|---|--|---|---|
| SafeCare <hr/> Served <i>73 Families 221 Individuals</i> Counties <i>Cayuga, Oneida</i> | Family Support <hr/> Served <i>46 Families 316 Individuals</i> Counties <i>Cayuga, Albany, Oneida</i> | Family Preservation <hr/> Served <i>42 Families 177 Individuals</i> Counties <i>Cayuga</i> | Enhanced Support <hr/> Served <i>13 Families 59 Individuals</i> Counties <i>Cayuga</i> | Health Home Care Management <hr/> Served <i>231 Individuals</i> Counties <i>Cayuga, Monroe, Albany, Onondaga,</i> |
| Functional Family Therapy <hr/> Served <i>466 Families 1,696 Individuals</i> Counties <i>Ontario, Monroe, Cayuga, Oneida, Oswego, Seneca</i> | Multisystemic Family Therapy <hr/> Served <i>161 Families 1,319 Individuals</i> Counties <i>Cayuga, Monroe, Ontario, Oneida</i> | Youth & Family Resource Center <hr/> Served <i>99 Individuals</i> Counties <i>Cayuga, Onondaga</i> | Intellectual and Developmental Disability Supports <hr/> Served <i>153 Individuals</i> Counties <i>Cayuga</i> | Treatment Family Foster Care <hr/> Served <i>65 Individuals</i> Counties <i>Broome, Cayuga, Cortland, Herkimer, Madison, Monroe, Onondaga, Ontario, Oswego, Seneca, Steuben, Tompkins</i> |

“Wraparound” services

We like to describe the support we give as “wraparound” services. So what does this mean? It means looking at how the child and family fit into the network of structures in society and building partnerships wherever possible. It means strengthening families and allowing them to develop to their potential. It means engaging, almost to the point of becoming part of the family, and doing whatever it takes to make that family a success. It means working as a team to eliminate the stressors which can undermine families, to recognize the small steps which lead to great progress, and to inspire hope along the way.

Treatment Family Foster Care *Central New York*

Cayuga Centers offers trauma-informed foster care in Cayuga, Onondaga, and surrounding counties. These programs have the goal of family reunification.

Each youth is carefully matched to foster parents and the treatment team develops a Treatment Plan specific to the needs of the youth. The team includes a Behavioral Case Planner, Clinician, Skills Trainer and the foster parents.

Youth receive weekly trauma-based therapy and family therapy. It is intense work focused towards permanency and healing.

Cayuga Centers is one of the only organizations in the region with the capacity and the skills to take on multiple large sibling groups, and we have expanded our provision for these groups in response to demand from child welfare and social service departments. In 2018/19 up to 46 children were receiving TFFC through Cayuga Centers, including a sibling group of five.

Program highlights

- » Intense services for traumatized children.
- » 24/7/365 support for foster parents.
- » Assistance with organizing childcare and after-school services.
- » Foster parent support group twice monthly.
- » Small ratios: each clinical team (Clinician, Skills Trainer and Behavioral Case Planner) deals with 11 children or fewer (3:11 ratio).



A foster youth enjoys crafts at a Foster Parent Appreciation picnic at Emerson Park, Auburn.



Community-Based Interventions

This past year, Cayuga Centers network of Community-Based Interventions served ___ individuals. These services include intense, in-home therapeutic intervention, family support, and care management. The goal is to keep families together and link them to the community supports that they need to build a strong family foundation. Notably, our biggest growth has been to Oneida County where we expanded Functional Family Therapy, Multisystemic Therapy, SafeCare, and Family Support programs. From 2018-2019, Health Home Care Management increased from 82 individuals served to 228 and is continuing rapid growth.

Evidence-based interventions are treatment which has been proven to be effective by comparing impact between those receiving and those not receiving the intervention. These began to spread in the late 1990s and Cayuga Centers was a leading agency in the United States in adopting and implementing these throughout Central New York. 20 years later, we remain a leading EB provider.

The agency's Community-Based Interventions include:

Functional Family Therapy (FFT)

An evidence-based therapy which takes place in the home. Therapists identify strengths to help the family meet agreed upon goals.

Multisystemic Therapy (MST)

Also evidence-based, MST is an intensive therapy that relies on strengthening the family using all community support services available.

Family Preservation and Support

In-home support to stabilize families in conflict.

SafeCare®

An early intervention parenting program for parents with children ages 0 – 5.

Children's Health Home Care Management

A partnership between families and Care Managers to address medical, mental and social health conditions.

Intellectual and Developmental Disability Supports

Community and Day Habilitation

Cayuga Centers' Habilitation Services provide people with developmental disabilities the opportunities to explore new interests, pursue personal goals and be more involved in the community. Individuals and families define what they want to pursue in order to build skills for greater independence. These programs underwent an expansion in 2019 to provide nearly 25% more service hours.

Weekday and Weekend Respite

Our Respite Programs provide individuals engaging recreational and social opportunities. This service also gives family members time away from their caregiver role, knowing their loved one's needs are being met. We provide these supports to individuals and families who live in Cayuga County and neighboring communities. These programs provided 12.5% more service hours in 2019.

We completed **Satisfaction Surveys** for all 4 programs: Weekend Respite, Weekday Respite, Day Habilitation and Community Habilitation. Respondents were family members and individuals served. 95% stated they are satisfied with our services and would recommend the program to others.

New Initiatives

Cayuga Centers is now approved to provide **Fiscal Intermediary Services** to help individuals take more control of their care and their lives. For example, we can help individuals hire their own staff, do background checks, provide training and process reimbursement requests.

Engagement Skills Training is being introduced for individuals to learn new routines and skills so they can participate in one of our habilitation or respite services.



Spring Village Apartments, opening Fall 2019.

HIGHLIGHT Cicero Housing Project

2019 saw the construction of Spring Village, a new \$12.9 million project for senior housing in Cicero, NY, that also offers apartments for individuals with intellectual and developmental disabilities. The 50 unit project is a partnership between CDS Life Transitions and Cayuga Centers. It consists of 40 affordable units for residents 55 and over, and 10 I/DD specialized units. Cayuga Centers will provide on-site and on-call support to help the residents in these 10 units to live independent lives in a nurturing and safe environment.

Youth and Family Resource Center

The Youth and Family Resource Center in Auburn serves youth from Cayuga and Onondaga Counties. The Program provides short-term stays for youth to provide stabilization and respite for youth and families. Staff members work with youth to gain social and life skills and families are connected to community-based providers.

The house was inaugurated on August 1st, 2018. The regular capacity is 9, with the option to increase capacity to 12 upon demand. There are nine full-time and three part-time staff. In its first year of operation, the Youth and Family Resource Center hosted 131 placements of 78 youth.



Youth and Family Resource Center, Auburn.



Interview: Mike Allen

Program Manager, Youth and Family Resource Center

Mike Allen joined Cayuga Centers in December 2018, but he was no stranger to the organization. He worked for 18 years with another therapeutic foster care provider, then with NY State's Office of Children and Family Services (OCFS) as a family engagement specialist.

"I worked alongside Cayuga Centers a lot," he says "I liked the atmosphere and I liked their approach. When the program manager position opened up I knew it was a perfect fit."

Mike runs the Youth & Family Resource Center - Cayuga Centers' only residential program, which provides a place for up to nine youth, either as a group home or for respite stays.

"It's a very relaxed environment," explains Mike. "Youth need a safe space for them to be until the next place is found for them - either it's a foster family, or returning to their own family, or a treatment center. We try to make it feel as much like a regular home as possible. They have their own room, video games, recreation activities every night. And, importantly, there is always a staff member around to talk to about any worries they might have."

The average respite stay is just a few nights. The goal for group home placement is 21 days, but in some cases youth may need to stay 2-3 months to find the most appropriate setting.

"When the kids go back home we have services set up for them, and they have a better chance of following the right path," says Mike. "We see that the parents also have the supports they need."

Although the youth who come to the program often display a range of challenging behaviors or emotional difficulties, Mike insists that seeing them grow is the most rewarding part of the job. "Everything you see on paper is not what you would necessarily see when you meet them in person," he says. "We see great results. Change is hard for all these kids, but we support them to advocate for themselves, and learn what it takes to succeed."

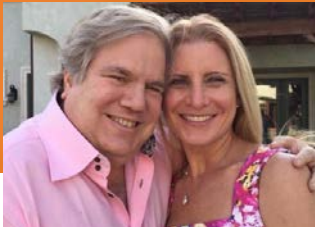
Palm Beach and Broward County Foster Care

Cayuga Centers' operations in Florida have seen major expansion in the past twelve months. The team now services Broward County as well as neighboring Palm Beach County. This means that the office now has 34 families licensed and able to place children.

The team offers both traditional and enhanced Treatment Family Foster Care, often with a goal of reuniting families. While in care, youth receive individual therapy, family therapy, and learn individual life skills. The child's treatment team includes a master's level Clinician, a Program Manager and a Skills Trainer. Foster parents also have 24-hour access to on-call assistance.



Generous donation from a local Florida family including backpacks, pajamas, toiletries and school supplies for kids entering foster care.



HIGHLIGHT

Foster Parents: Meet Felisa and Jeff

Jeff and Felisa have fostered 8 children to date, and joined Cayuga Centers in December of 2018 from another agency. They currently foster a brother and sister aged 2 and 3.

“At Cayuga the foster parents have an amazing support system. From the moment we welcomed our new placement into our home, we had the Cayuga team by our side, helping us develop new tools for our toolbox to help our children with their special needs.”

“The skills trainer came to our home, helped with play therapy, and helped us figure out ways of making the transition for the children easy and seamless. The whole team contacted us daily to find out how we were doing and to offer us support. The beautiful thing about Cayuga is that we have the support, not just of the team, but of other foster parents. At any hour of any day we have access to Cayuga’s in-house services. We never feel alone. At Cayuga we are all one big family.”



HIGHLIGHT

Foster Parent: Meet Teresa

Teresa is a daycare teacher who has been working as a foster parent with Cayuga Centers for a little over two years. Initially Teresa thought she only wanted to foster one little girl, but after visiting Cayuga Centers, she decided to offer a home to a five-year-old girl and her two older siblings, an 11 year old sister and 7 year old brother.

“When I first met the sisters and their brother, it was love at first sight” said Teresa. “It’s impossible to interact with them and not want to provide them with love and safety.”

Supported by dedicated trainings and regular foster parent group meetings, Teresa confidently states that she feels proud to be part of the organization.

“Cayuga Centers is the only place I know that is doing this kind of work for the children,” she says. “I don’t know what I would have done if didn’t have the guidance that I’ve received so far.”

For now, Teresa said she’s doing everything in her power to help the children she’s caring for, until they can be reunited with their family. And though it is going to be a sad departure, she hopes she can continue doing the same work for other children in need.



Interview: Marta Gifford

Homefinder, South Florida

“I feel very passionate about my work for children,” says Marta Gifford. In Colombia, where she was born and earned her bachelor’s degree in psychology, she says, “nothing like this exists to safeguard and nurture foster kids. It’s a completely different system.”

Marta joined Cayuga Centers four and a half years ago from ChildNet, the lead organization which contracts fostering providers in Palm Beach and Broward Counties. Before that, her first job in the United States was in a children’s home in Miami.

Marta says she feels immense pride at what Cayuga Centers has achieved in South Florida. “I have loved watching the agency grow, and being a part of that,” she says. “The team we have here is incredible. We have a real mojo going on.”

That mojo has seen the agency pick up new homes in Broward County, and earn respect among stakeholders. “People are telling us how much they admire the work we do,” says Marta. “Even people in the judiciary, who are really hard to please, say that we’re doing a brilliant job.”

Being a homefinder requires multitasking. Following the initial expression of interest from a foster parent, the team conduct background checks and home visits. Then follow foster parenting classes. The process can take two months, but after that, the aim is to place a child in the home as soon as possible.

The Florida office places children aged 0-18, although most are in elementary school. Often, they are in sibling groups. Marta’s support to the families continues long after the initial placement. With the team, they do all they can to remove difficulties and make sure the placement is a success.

“I love seeing how the kids we place are changing, little by little,” says Marta. “They open up. You can see them start talking, smiling, having good grades, changing their challenging behaviors. That makes it all worth while.”



Florida foster parents and foster youth enjoy Foster Parent Appreciation event activities.



Cayuga Center's foster child featured on Delaware NBC10's Wednesday's Child.

Kent and New Castle County Foster Care

The Delaware Treatment Family Foster Care program serves youth in the custody of the Department of Services for Children, Youth and their Families. The Cayuga Centers team, based in Middletown, Delaware, consists of the Program Director, a Program Manager, a Homefinder, a Clinician, a Skills Trainer and a Foster Parent Coaching Specialist.

Between September 2018 and September 2019, Delaware has had steady growth, opening 8 new foster homes, and ending the period with 17 treatment foster homes.

During that time, the Delaware program served a total of 25 youth. The program's contract with the state is to provide treatment foster homes for a minimum of 12 youth at any one time.



Cayuga Centers foster children featured on Delaware NBC10's Wednesday's Child.

The office has also added the role of Foster Parent Coaching Specialist for additional training and support for foster parents.

As the program has continued to grow, it is undergoing an office expansion which will add approximately 2,200 square feet of office space. This will mean the addition of another full team to the foster care program. It will also enable the program to offer more groups and activities for youth, and better engage with the community and host events.

Foster Parent Coaching Specialist, Jerusha Bowden-Gibson, was a workshop presenter at the State of Delaware's 2019 Foster Parent Recognition Conference. This is an annual, state-wide recognition event for all foster parents in the state. Jerusha hosted a workshop titled "Behavior Management for Teens and Tweens".



Interview: Shayne Jervey

Program Director, Delaware

Shayne joined Cayuga Centers in June 2017, initially as a clinician, then becoming head of operations in Delaware. She was previously with the State's Division of Family Services for fifteen years.

"It's been an exciting time," says Shayne. "We have seen the organization here in Delaware grow and we have built a great team."

Although Delaware is a small state, it faces most of the same issues as anywhere else.

"The population we serve has challenges," says Shayne. "But that's why we do this job. I am amazed at the resilience and determination some of our young people show. There is nothing more rewarding than helping them to transform their lives. Some of them have grown up with everyone around them telling them they won't make it. We let them know they can. And they do."



Foster youth enjoy Cayuga Centers Paint Nite event.



Foster youth spend time baking sweet treats at a respite sleepover.

Board of Trustees

Many thanks to our Trustees who choose to share their time, expertise and support with Cayuga Centers.

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Youth, Families, and Individuals Served

Those served through our network of therapeutic and needs-driven programs:

| | |
|---|-------|
| Alternative to Detention and Respite | 78 |
| Group Home Services | 21 |
| CNY TFFC | 65 |
| NYC/Bronx Foster Care | 138 |
| NYC UC Transitional Foster Care | 5,137 |
| NYC UC Long Term Foster Care | 17 |
| Palm Beach Foster Care | 33 |
| Delaware Foster Care | 27 |
| Community-Based Interventions | 4,019 |
| <i>Includes Functional Family Therapy (FFT), Multisystemic Therapy (MST), Family Resiliency and Support Programs and Care Management in Albany, Cayuga, Cortland, Herkimer, Madison, Onondaga, Oneida, Oswego, Rensselaer, Schenectady, Seneca, Tompkins and Wayne Counties</i> | |
| SPwDD | |
| Day and Community Habilitation | 68 |
| Weekday and Weekend Respite | 85 |
| Medicaid Service Coordination | 1,097 |

Total Served:

10,785



Financial Review (Unaudited)

July 1, 2018 to June 30, 2019

Operating Income

| | |
|------------------------------------|-------------------|
| Programs and Services Fees | \$91,998,996 |
| Contributions & Other Income | 266,645 |
| Interest & Dividends (net of fees) | 88,826 |
| Total Revenue | <u>92,354,466</u> |

Operating Expenses

| | |
|---|-------------------|
| Franklin Youth & Family Resource Center | 752,305 |
| Treatment Family Foster Carre | 73,646,339 |
| Community Based Programs | 3,619,602 |
| SPwDD Programs | 5,795,235 |
| Child and Family Treatment and Support Services | 15,120 |
| Management & General | 7,130,970 |
| Total Operating Expenses | <u>90,959,571</u> |

Net Income (Loss)

\$1,394,896

Supporters

We thank the many individuals and businesses who have supported us in 2018-2019. We are shortly to launch our new website which will allow us to express our appreciation directly. Stay tuned!

www.cayugacenters.org





Thanks to our friends at the Armory Track in New York City, we were able to treat our children, including unaccompanied minors, to two very special events. The Cayuga Carnival in July celebrated foster parents and the important work they do. The Run Love event in September brought together donors from the world of business and finance to give the children a sports day they will never forget.



